NZ BADMINTON ACADEMY

Skills Squad





In this squad the emphasis is on skill development itself being the objective, rather than the competition it will eventually lead to. Here players strive to first learn then compete in the execution of skills, ranging from a basic level through to full execution under time and movement pressure. Players have the ability to achieve badges, trophies, and certificates over the year.

There are two types of skills squad, one in the development stream which is open to anyone, and one in the performance stream for which players must be selected.

> There are only 12 spots available per squad. *Email your details to ritchie@nzba.net.nz or text to 0210 426150*

> > \$10 per night

Register now. Will start once full.

At the Waitakere Badminton Centre Royal Road, Massey

Look out for our 2011 Calendar of Modular training at \$10 p/hr per module

The performance skill squad requires a parent or volunteer to come to squad with them. They will then be trained for free, and utilized as a feeder (to a different player in the squad). This increases the number of times players hit the shuttle, and how quickly they will improve as a result.